

Scoil Réalta na Maidine

Anti-Bullying Policy

Scoil Réalta na Maidine
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1. In accordance with the requirements of the Education (Welfare) Act 2000 and the Code of Behaviour guidelines issued by the National Educational Welfare Board (N.E.W.B.), the Board of Management (BoM) of Scoil Réalta na Maidine has adopted the following Anti-Bullying Policy within the framework of the school's overall Code of Behaviour. This policy fully complies with the requirements of the Anti-Bullying Procedures for Primary and Post-Primary Schools which were published in September 2013.
2. The Board of Management recognises the very serious nature of bullying and the negative impact that it can have on the lives of pupils and is therefore fully committed to following key principles of best practice in preventing and tackling bullying behaviour.

(a) A positive school culture and climate which:

- Is welcoming of difference and diversity and is based on inclusivity;
- Encourages pupils to disclose and discuss incidents of bullying behaviour in a non-threatening environment; and
- Promotes respectful relationships across the school community.

At Scoil Réalta na Maidine we consider the following to be key elements of a Positive School Culture:

- We acknowledge the right of each member of the school community to enjoy school in a secure environment.
- We acknowledge the uniqueness of each individual and their worth as a human being.
- We promote positive habits of self-respect, self-discipline and responsibility.
- We actively prohibit vulgar, offensive, sectarian or other aggressive behaviour by any of its members.
- We have a clear commitment to promoting equity in general and gender equity in particular in all aspects of its functioning.
- We have the capacity to change in response to its pupils needs.
- We identify aspects of its curriculum through which positive and sustainable influences can be exerted towards forming pupils' attitudes and values.
- We take particular care of 'at risk' pupils and uses its systems to identify needs and facilitate early intervention where necessary – thus responding to the needs, fears & anxieties of individual members in a sensitive manner.

- Scoil Réalta na Maidine recognises the need to work in partnership with and keep parents informed on procedures to improve relationships within the school community.
- We recognise the right of parents to share in the task of equipping pupils with a range of life skills.
- We recognise the role of other community agencies in preventing and dealing with bullying.
- We promote habits of mutual respect, courtesy and an awareness of the interdependence of people in groups and communities.
- We promote qualities of social responsibility, tolerance and understanding among its members.
- Staff members share a collegiate responsibility, under the direction of the Principal, to act in preventing bullying/aggressive behaviour to ANY MEMBER of the school community.

(b) Effective leadership

- The BoM has overall responsibility to ensure that this policy is effective, sustainable and measured. The BoM must ensure that accountability is of the highest standard and frequently appraise the outcomes of the strategies and measures contained within the policy.
- The In School Management (I.S.M.) Team – (named in Appendix A) – have a clear role to act in a leadership capacity within the school community, stimulating a whole school approach to preventing and tackling bullying – and modelling best practice.
- The Principal, as key leader, strongly influences attitudes and sets standards in relation to dealing with bullying.
- Teachers must act as good role models and not misuse authority, but be fair, clear and consistent in their disciplinary measures.

(c) A school-wide approach

- A whole community approach to the problem of bullying is required and Scoil Réalta na Maidine community comprises of management, teachers, non-teaching staff, pupils, parents/guardians.
- Beyond the school community, bullying behaviour may extend to outside of school. Where this negatively impacts on a school – parents/guardians and pupils have a responsibility to support the school in helping to address the issue. This applies particularly (but not exclusively) to cyber bullying.
- The assistance of Gardaí, TUSLA and Community Workers may be required in some cases.
- Collective vigilance is needed throughout the whole school/community sector to identify and deal with issues around bullying in a fair and equitable manner.

(d) A shared understanding of what bullying is and its impact

- Scoil Réalta na Maidine endeavours to put in place appropriate systems to ensure that ALL relevant members of the school community (parents, pupils, staff and the wider community) have a shared understanding of what constitutes bullying behaviour as defined in this policy. (*Sections 2 & 3 of Anti-Bullying Procedures for Primary & Post Primary Schools*)

(e) Implementation of education and prevention strategies (See Section 5 of this policy, including awareness-raising measures) that:

- Build empathy, respect and resilience in pupils;
- Explicitly address the issues of cyber-bullying and identity-based bullying including in particular, homophobic and transphobic bullying; and
- Effective supervision and monitoring of pupils.

(f) Effective supervision and monitoring of pupils

- Staff members have a distinct responsibility to ensure that supervision of pupils in class is effective and consistent.
- Supervision in playground areas must be managed and conducted effectively, with particular attention given to ‘hot spots’ or ‘hot times’, e.g. arrival and departure times.

(g) Supports for staff

- Regular discussion and review of policy and procedures is essential to support staff on a continuous basis.
- All staff must have a uniform interpretation of what is expected in relation to bullying behaviours, how to manage disclosures and how to deal effectively with incidents of bullying within the classroom context.
- Staff must be aware that supporting one another is a key aspect of prevention and new/inexperienced members of staff must be given every opportunity to discuss concerns and model best practice.
- Continuous Professional Development (C.P.D.) in relation to Anti-Bullying Strategies will be supported and encouraged for all members of staff.

(h) Consistent recording, investigation and follow up of bullying behaviour (including use of established intervention strategies), and

(i) On-going evaluation of the effectiveness of the Anti-Bullying Policy.

3. In accordance with the Anti-Bullying Procedures for Primary and Post-Primary Schools bullying is defined as follows:

Bullying is unwanted negative behaviour, verbal, psychological or physical, conducted by an individual or group against another person (or persons) and which is repeated over time.

The following types of bullying behaviour are included in the definition of bullying:

- Deliberate exclusion, malicious gossip and other forms of relational bullying;
- Cyber-bullying; and
- Identity-based bullying such as homophobic bullying, racist bullying based on a person’s membership of the Traveller community and bullying of those with disabilities or special educational needs.

Isolated or once-off incidents of intentional negative behaviour, including a once-off offensive or hurtful text message, or other private messaging, do not fall within the

definition of bullying and should be dealt with, as appropriate, in accordance with the school's Code of Behaviour.

However, in the context of this policy, placing a once-off offensive or hurtful public message, image or statement on a social network site or other public forum where that message, image, or statement can be viewed and/or repeated by other people will be regarded as bullying behaviour.

Negative behaviour that does not meet this definition of bullying will be dealt with in accordance with the school's Code of Behaviour.

GENERAL BEHAVIOURS WHICH APPLY TO ALL TYPES OF BULLYING

- Harassment based on any of the nine grounds in the equality legislation, e.g. sexual harassment, homophobic bullying, racist bullying, etc.
- Physical aggression.
- Damage to property.
- Name calling.
- Slagging.
- The production, display or circulation of written words, pictures or other materials aimed at intimidating another person.
- Offensive graffiti.
- Extortion.
- Intimidation.
- Insulting or offensive gestures.
- The "look".
- Invasion of personal space.
- A combination of any of the types listed.

CYBER:

- **Denigration:** Spreading rumours, lies or gossip to hurt a person's reputation.
- **Harassment:** Continually sending vicious, mean or disturbing messages to an individual.
- **Impersonation:** Posting offensive or aggressive messages under another person's name.
- **Flaming:** Using inflammatory or vulgar words to provoke an online fight.
- **Trickery:** Fooling someone into sharing personal information which is then posted online.
- **Outing:** Posting or sharing confidential or compromising information or images.
- **Exclusion:** Purposefully excluding someone from an online group.
- **Cyber stalking:** Ongoing harassment and denigration that causes a person considerable fear for his/her safety.
- Silent telephone/mobile phone call.
- Abusive telephone/mobile phone calls.
- Abusive text messages.
- Abusive email.
- Abusive communication on social networks, e.g. Facebook / Ask.fm / Twitter / You Tube or games consoles.
- Abusive website comments / Blogs / Pictures.
- Abusive posts on any form of communication technology.

IDENTITY BASED BEHAVIOURS:

Including any of the nine discriminatory grounds mentioned in Equality Legislation (gender including transgender, civil status, family status, sexual orientation, religion, age, disability, race and membership of the Traveller community)

HOMPHOBIC AND TRANSGENDER:

- Spreading rumours about a person's sexual orientation.
- Taunting a person of a different sexual orientation.
- Name calling, e.g. gay, queer, lesbian, used in a derogatory manner.
- Physical intimidation or attacks.
- Threats.

RACE, NATIONALITY, ETHNIC BACKGROUND AND MEMBERSHIP OF THE TRAVELLER COMMUNITY:

- Discrimination, prejudice, comments or insults about colour, nationality, culture, social class, religious beliefs, ethnic or traveller background.
- Exclusion on the basis of any of the above.

RELATIONAL:

This involves manipulating relationships as a means of bullying. Behaviour includes:

- Malicious gossip.
- Isolation and exclusion.
- Ignoring.
- Excluding from the group.
- Taking someone's friends away.
- "Bitching".
- Spreading rumours.
- Breaking confidence.
- Talking loud enough so that the victim can hear.
- The "look".
- Use of terminology such as 'nerd' in a derogatory way.

SEXUAL:

- Unwelcome or inappropriate sexual comments or touching.
- Harassment.

SPECIAL EDUCATIONAL NEEDS, DISABILITY:

- Name calling.
- Taunting others because of their disability or learning needs.
- Taking advantage of some pupils' vulnerabilities and limited capacity to recognise and defend themselves against bullying.
- Taking advantage of some pupils' vulnerabilities and limited capacity to understand social situations and social cues.
- Mimicking a person's disability.
- Setting others up for ridicule.

4. **The relevant teachers for investigating and dealing with bullying in accordance with the Anti-Bullying Procedures for Primary & Post Primary Schools – Section 6:7.6, 6:7.7 – are as follows:**
 - Principal.
 - Deputy Principal.
 - All teachers.

5. **The following education and prevention strategies (including strategies specifically aimed at cyber-bullying, homophobic and transphobic bullying) will be used by Scoil Réalta na Maidine (Ref.: Section 6.5 of the Anti-Bullying Procedures for Primary & Post Primary Schools):**

EDUCATION AND PREVENTION STRATEGIES:

School-wide approach

- A school-wide approach to the fostering of respect for all members of the school community.
- The promotion of the value of diversity to address issues of prejudice and stereotyping, and highlight the unacceptability of bullying behaviour.
- The fostering and enhancing of the self-esteem of all our pupils through both curricular and extracurricular activities. Pupils will be provided with opportunities to develop a positive sense of self-worth through formal and informal interactions.
- Whole staff professional development on bullying to ensure that all staff develop an awareness of what bullying is, how it impacts on pupils' lives and the need to respond to it – prevention and intervention.
- An annual audit of professional development needs with a view to assessing staff requirements through internal staff knowledge/expertise and external sources.
- Professional development with specific focus on the training of the relevant teachers.
- School-wide awareness raising and training on all aspects of bullying, to include pupils, parents/guardians and the wider school community.
- Supervision and monitoring of classrooms, corridors, school grounds, school tours and extra-curricular activities. Non-teaching and ancillary staff will be encouraged to be vigilant and report issues to relevant teachers. Supervision will also apply to monitoring student use of communication technology within the school.
- Involvement of the student council in contributing to a safe school environment.
- Development and promotion of an Anti-Bullying code for the school to be displayed publicly in classrooms and in common areas of the school.
- The school's anti-bullying policy is discussed with pupils and all parents/guardians are given a copy as part of the Code of Behaviour of the school on enrolment.
- The implementation of regular (e.g. per year) whole school awareness measures, e.g. a dedicated notice board in the school and classrooms on the promotion of friendship and bullying prevention; annual Anti-Bullying Week and parents/guardians seminars organised by Parents Association (P.A.);

annual student surveys during Anti-Bullying Week; regular school assemblies by Principal or Deputy Principal.

- Encourage a culture of telling with particular emphasis on the importance of bystanders. In that way pupils will gain confidence in ‘telling’. This confidence factor is of vital importance. It should be made clear to all pupils that when they report incidents of bullying they are not considered to be telling tales but are behaving responsibly.

Ensuring that pupils know who to tell and how to tell, e.g.

- Direct approach to teacher at an appropriate time, for example after class.
- Hand note up with homework.
- Make a phone call to the school.
- Anti-bullying or Worry box.
- Get a parent/guardian or friend to tell on your behalf.
- Ensure bystanders understand the importance of telling if they witness or know that bullying is taking place.
- Identify clear protocols to encourage parents/guardians to approach the school if they suspect that their child is being bullied. The protocol should be developed in consultation with parents.
- The development of an Acceptable Use Policy in the school to include the necessary steps to ensure that the access to technology within the school is strictly monitored, as is the pupils’ use of mobile phones.
- The listing of supports currently being used in the school and the identification of other supports available to the school.

Implementation criteria

- The full implementation of the Social, Personal and Health Education (S.P.H.E.), Relationship and Sexuality Education (R.S.E.) and Stay Safe Programmes.
- Continuous Professional Development (C.P.D.) for staff in delivering these programmes.
- Delivery of the Garda S.P.H.E. Programmes at primary level. These lessons, delivered by Community Gardaí, cover issues around personal safety and cyber-bullying.
- The school will specifically consider the additional needs of Special Educational Needs (S.E.N.) pupils with regard to programme implementation and the development of skills and strategies to enable all pupils to respond appropriately.
- The school will consider the implementation of advice in “Sexual Orientation – Advice for Schools” (R.S.E. Primary, see booklet).
- The school will implement the themes of the ‘Mind Me Mind You’ programme on a monthly basis thus aligning our Well-Being Policy and curriculum with our Anti-Bullying Policy.
- Other cross curricular links in raising bullying awareness will be made through our Grow in Love programme, co-operative games (particularly in PE), Art, Drama etc.
- Parental education programmes organised by our Home School Liaison coordinator to inform and support parents in areas relating to the online safety of their children, general wellbeing and other related areas.

PROCEDURES FOR INVESTIGATING AND DEALING WITH BULLYING (Anti-Bullying Procedures for Primary & Post Primary Schools – Section 6:8.9)

The primary aim in investigating and dealing with bullying is to resolve any issues and to restore, as far as is practicable, the relationships of the parties involved (rather than to apportion blame).

The school's procedures must be consistent with the following approach:

Every effort will be made to ensure that all involved (including pupils, parents/guardians) understand this approach from the outset.

REPORTING BULLYING BEHAVIOUR

- Any pupil or parent(s)/guardian(s) may bring a bullying incident to **any teacher in the school**;
- All reports, including anonymous reports of bullying, will be investigated and dealt with by the relevant teacher; and
- Teaching and non-teaching staff such as secretaries, special needs assistants (SNAs), bus escorts, caretakers, cleaners **must** report any incidents of bullying witnessed by them, or mentioned to them, to the relevant teacher.

INVESTING AND DEALING WITH INCIDENTS: STYLE OF APPROACH (See Section 6.8.9)

- In investigating and dealing with bullying, *the relevant teacher* will exercise his/her professional judgement to determine whether bullying has occurred and how best the situation might be resolved.
- Parents/guardians and pupils are required to co-operate with any investigation and assist the school in resolving any issues and restoring, as far as is practicable, the relationships of the parties involved as quickly as possible.
- Teachers should take a calm, unemotional problem-solving approach;
- Where possible incidents should be investigated outside the classroom situation to ensure the privacy of all involved.
- All interviews should be conducted with sensitivity and with due regard to the rights of all pupils concerned. Pupils who are not directly involved can also provide very useful information in this way.
- When analysing incidents of bullying behaviour, the relevant teacher should seek answers to questions of **what, where, when, who and why**. This should be done in a calm manner, setting an example in dealing effectively with a conflict in a non-aggressive manner.
- If a group is involved, each member should be interviewed individually at first. Thereafter, all those involved should be met as a group. At the group meeting, each member should be asked for his/her account of what happened to ensure that everyone in the group is clear about each other's statements.
- Each member of a group should be supported through the possible pressures that may face them from the other members of the group after the interview by the teacher. It may also be appropriate or helpful to ask those involved to write down their account of the incident(s) in the presence of a parent or guardian.

- In cases where it has been determined by the relevant teacher that bullying behaviour has occurred, the parents/guardians of the parties involved should be contacted at an early stage to inform them of the matter and explain the actions being taken (by reference to the school policy). The school should give parents/guardians an opportunity of discussing ways in which they can reinforce or support the actions being taken by the school and the supports provided to the pupils.
- Where the relevant teacher has determined that a pupil has been engaged in bullying behaviour, it should be made clear that he is in breach of the school's anti-bullying policy and efforts should be made to try to get him to see the situation from the perspective of the pupil being bullied.
- It must also be made clear to all involved (each set of pupils and parents/guardians) that in any situation where disciplinary sanctions are required, this is a private matter between the pupil being disciplined, his parents/guardians and the school.

FOLLOW UP AND RECORDING

In determining whether a bullying case has been adequately and appropriately addressed the relevant teacher must, as part of his/her professional judgement, take the following factors into account:

- Whether the bullying behaviour has ceased.
- Whether any issues between the parties have been resolved as far as is practicable.
- Whether the relationships between the parties have been restored as far as is practicable.
- Any feedback received from the parties involved, their parents/guardians or the school Principal or Deputy Principal.
- Follow-up meetings with the relevant parties involved should be arranged separately with a view to possibly bringing them together at a later date if the pupil who has been bullied is ready and agreeable.
- **Where parents/guardians are not satisfied that the school has dealt with a bullying case in accordance with these procedures, the parents/guardians must be referred, as appropriate, to the school's complaints procedures.**
- In the event that a parent/guardian has exhausted the school's complaints procedures and is still not satisfied, the school must advise the parent/guardian of their right to make a complaint to the **Ombudsman for Children**.

RECORDING OF BULLYING BEHAVIOUR

It is imperative that all recording of bullying incidents must be done in an objective and factual manner.

The school's procedures for noting and reporting bullying behaviour are as follows:

INFORMAL: PRE-DETERMINATION THAT BULLYING HAS OCCURRED

- All staff must keep a written record of any incidents witnessed by them or notified to them. All incidents must be reported to the relevant teacher.
- While all reports, including anonymous reports of bullying, must be investigated and dealt with by the relevant teacher, the relevant teacher must

keep a written record of the reports, the actions taken and any discussions with those involved regarding same.

- The relevant teacher must inform the Principal of all incidents being investigated.

FORMAL STAGE 2: From Department of Education and Skills (D.E.S.) Procedures.

The relevant teacher must use **the recording template attached** (Appendix 3) to record the bullying behaviour in the following circumstances:

- a) In cases where she/he considers that the bullying behaviour has not been adequately and appropriately addressed within 20 school days after she/he has determined that bullying behaviour occurred; and
- b) All confirmed instances of bullying behaviour must be recorded and reported immediately to the Principal or Deputy Principal as applicable.

The recording template must be retained by the relevant teacher in question and a copy maintained by the Principal.

Teachers' records are retained in a secure space in the teacher's classroom. All report templates given to the Principal will be retained in the filing cabinet in the Principal's Office.

ESTABLISHED INTERVENTION STRATEGIES

- Teacher interviews with all pupils.
- Negotiating agreements between pupils and following these up by monitoring progress. This can be on an informal basis or implemented through a more structured mediation process.
- Working with parents/guardians to support school interventions.
- No blame approach.
- Circle Time.
- Restorative interviews.
- Restorative conferencing.
- Implementing questionnaires.

Scoil Réalta na Maidine is committed to exploring these interventions further:

- The traditional successful disciplinary approach.
- Strengthening the victim.
- Mediation.
- Restorative practice.
- The Support Group method.
- The method of Shared Concern.

6. The school's programme of support for working with pupils affected by bullying is as follows (Ref. 6:8:16 of the Anti-Bullying Procedures for Primary & Post Primary Schools):

All in-school supports and opportunities will be provided for the pupils affected by bullying to participate in activities designed to raise their self-esteem, to develop friendships and social skills and build resilience, e.g.

- S.P.H.E. Lessons.
- Stay Safe Programme.
- Walk Tall.
- Anti-Bullying Week.
- Buddy System.
- Care Team Support including Social Skills Group.
- Group work such as Circle Time.

If pupils require counselling or further supports the school will endeavour to liaise with the appropriate agencies to organise same. The **National Educational Psychological Service (N.E.P.S.) will also be contacted for advice.**

Pupils should understand that there are no innocent bystanders and that all incidents of bullying behaviour must be reported to a teacher.

7. Supervision and Monitoring of Pupils

The Board of Management confirms that appropriate supervision and monitoring policies and practices are in place to both prevent and deal with bullying behaviour and to facilitate early intervention where possible.

- There are agreed supervision and monitoring practices in the school.
Mobile phones must be surrendered to the teacher/Principal or school office during the school day 09.10am to 14.50pm.
Mobile phones are generally not permitted on school tours/outings except in special circumstances.
- Bullying danger spots have been identified as the playground, area by pre-school, front exit area, toilets, resource rooms, computer room and corridors, school tours/trips, after school activities and swimming lessons.
- Parents and pupils have been consulted in the identification of these danger spots.
- Pupils will be involved as a resource to assist in counteracting bullying through the Student Council.
- In relation to Acceptable Use Policy in the school the following issues are addressed:
 - All Internet sessions are supervised by a teacher;
 - The school regularly monitors pupils' Internet usage within school time; and
 - Pupils have been instructed to access only those discussion forums and messaging or other electronic communication forums that have been approved by the school.

(Note that the Schools Broadband Programme has blocked all social networking sites on the basis that they waste time and take up too much of the bandwidth which is been provided for educational purposes only).

8. Prevention of Harassment

The Board of Management confirms that the school will, in accordance with its obligations under equality legislation, take all such steps that are reasonably practicable to prevent the sexual harassment of pupils or staff or the harassment of pupils or staff on any of the nine grounds specified, i.e. gender including transgender, civil status, family status, sexual orientation, religion, age, disability, race and membership of the Traveller community.

- 9. This policy was adopted by the Board of Management.
- 10. This policy has been made available to school personnel, published on the school website and is readily accessible to parents and pupils on request and provided to the Parents' Association who were active partners in its compilation. A copy of this policy will be made available to the Department and the patron if requested.
- 11. This policy and its implementation will be reviewed by the Board of Management once in every school year. Written notification that the review has been completed will be made available to school personnel, published on the school website and be readily accessible to parents and pupils on request and provided to the Parents' Association. A record of the review and its outcome will be made available, if requested, to the patron and the Department.

Signed: _____
Chairperson, Board of Management

Signed: _____
Principal

Date: _____

Date: _____

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The contents of this policy have been approved by St. Senan's Education office, acting on behalf of the Patron.

APPENDIX A – In School Management Team (I.S.M.):

1. Kieran Quirke
2. Helen Flaherty
3. Siobhán Mahony
4. Margaret Lane
- 5.

APPENDIX B – TEMPLATE FOR RECORDING BULLYING BEHAVIOUR

1. Name of pupil being bullied and class group

Name :	Class:
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2. Name(s) and class(es) engaged in bullying behaviour

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3. **Source** of bullying concern/report
(tick relevant box(es))

4. **Location** of incidents
(tick relevant box(es))

Pupil concerned		Playground	
Other Pupil		Classroom	
Parent		Corridor	
Teacher		Toilets	
Other		School Bus	

5. **Name of person(s) who reported** the bullying concern

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6. **Type of Bullying Behaviour** (tick relevant box(es))

Physical Aggression		Cyber-bullying	
Damage to Property		Intimidation	
Isolation/Exclusion		Malicious Gossip	
Name Calling		Other (specify)	

7. Where behaviour is regarded as identity-base, indicate the relevant category

Homophobic	Disability/SEN related	Racist	Membership of Traveller Community	Other (specify)

8. **Brief Description of bullying behaviour and its impact**

9. **Details of actions taken:**

Signed:	Date:
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Date submitted to Principal/Deputy Principal	
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